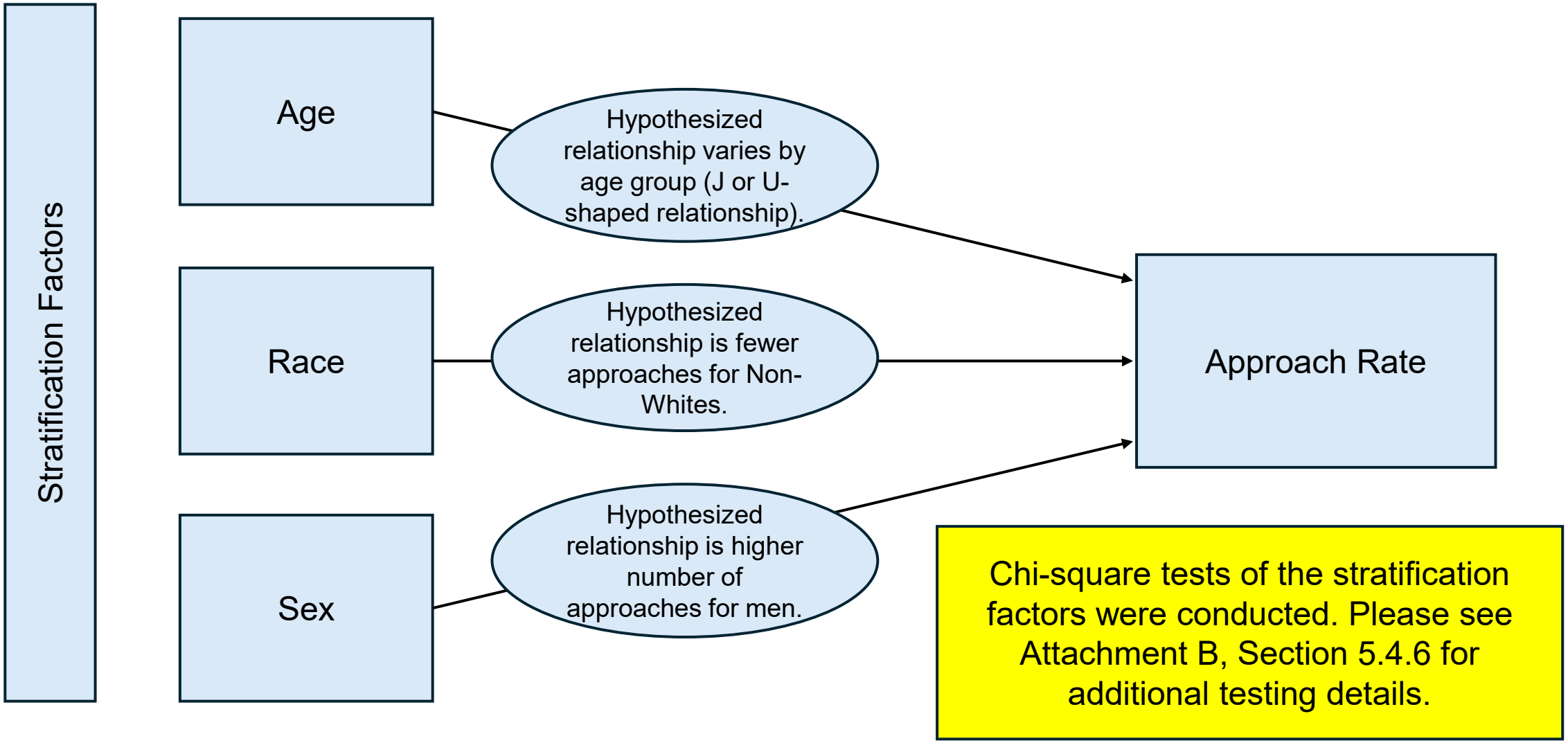Approach Rate